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| 6th P.E. 6-Week Snapshot  |
| \_6th\_ Six Weeks |
| Unit | Topic | TEKS/Learning Target |
| Track & Field  | Throwing ShotRunning DiscusSprintsRelaysHandoffs | 1A, 1B, 1K, 3A, 3B, 4A, 5A, 6A, 7B, 7C, 7D |
| Kick ball  | Kicking Throwing  | 1A, 1B, 3B, 5A, 6A, 7C |
| Mile Run | Running  | 2A, 3B, 3C, 4A, 4C, 4D, 4E, 4F |
| Warm-Up | Plyo – stretch | 1C, 2B, 5C |
| Teaching Water Safety | Explain Water Safety  | 5E |
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