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| 5TH P. E.  6-Week Snapshot | | |
| \_\_6TH \_ Six Weeks | | |
| Unit | Topic | TEKS/Learning Target |
| Track & Field | Throwing  Running  Shot  Discus  Sprint  Relays  Handoffs | 1E, 1A, 1L, 3A, 4F, 5A, 6A, 7A |
| Kick-ball | Kicking  Throwing  Catching | 1K, 1L |
| Mile Run | Running | 2A, 3B, 3C, 4A, 4C, 4D, 4E, 4F |
| Warm-up | Plyo – stretch | 3A, 3B, 4A |
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