|  |  |  |
| --- | --- | --- |
| 5TH P. E.  6-Week Snapshot | | |
| \_\_5th\_ Six Weeks | | |
| Unit | Topic | TEKS/Learning Target |
| Buckeye  Maker | Mats  Rope  Weights | 1G, 1J |
| Kick-ball | Kicking  Running  Throwing  Catching | 1K, 1L |
| Football | Throwing  Catching  Running | 1E, 1A, 1L, 3A, 4F, 5A, 6A, 7A |
| Warm-up | Plyo – stretch | 3A, 3B, 4A |
|  |  |  |
|  |  |  |
|  |  |  |