| Septiember 2019 <br> LUNCH |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| $2$ | 3 <br> Taco's or Chili Cheese Burrito Tossed Salad Pinto Beans Salsa Diced Peaches Cornbread | 4 <br> Steak Fingers or Hamburger Steak w/Gravy <br> Creamy Whipped Potatoes Green Beans Kiwi Strawberry Sidekick Hot Roll | 5 <br> Boneless Chicken Wings or Chicken Tenders Potato Wedges Chili Beans Fresh Vegetables Fruit Fluff Garlic Toast | 6 <br> Chicken Sandwich or Western Burger Curley Fries Sandwich/Fresh Salad Fresh Orange |
| 9 <br> Pepperoni Pizza or Buffalo Chicken Wrap Corn on the Cobb Fresh Vegetables Applesauce | 10 <br> Enchilada w/ cheese or Chili Cheese Burrito Pinto Beans Cinn Glazed Carrots Salsa Diced Peaches | 11 <br> Chicken Tenders or BBQ Chicken Creamy Whipped Potatoes Green Beans Mandarin Oranges Hot Roll | 12 <br> Chicken \& Dumplings or Baked Potato Italian Blend Vegetables Garden Salad Sour Cherry Side Kick Garlic Toast | 13 <br> Cheese Burger or Corn Dog Potato Wedges Sandwich/Fresh Salad Citrus Cup |
| 16 <br> Chicken Sandwich or Spicy Chicken Sandwich Curley Fries Sandwich Salad Fresh Orange | 17 <br> Taco's or Chicken Fajita Wrap Pinto Beans Tossed Salad Salsa Diced Pears Cornbread | 18 <br> Chicken Fried Steak or Boneless Chicken Wings Creamy Whipped Potatoes Broccoli w/Cheese Pineapple Parfait Hot Roll | 19 <br> Chicken Spaghetti or Meatball Sub Italian Blend Vegetables Garden Salad Sour Cherry Side Kick Garlic Toast | 20 <br> Bacon Cheese Burger or Ham \& Cheese Wrap Tater Tot Casserole Sandwich Salad Apple |
| 23 <br> Personal Pan Pizza or Mandarin Chicken Bowl w/Breadstick Corn Broccoli w/Cheese Diced Peaches | 24 <br> Walking Taco's or Crispitos Pinto Beans Cinn Glazed Carrots Citrus Cup | 25 <br> Chicken Nuggets or Fish Sticks Creamy Whipped Potatoes Green Beans Mandarin Orange Parfait Hot Roll | 26 <br> Steak Fingers Basket or Chicken Tender Basket Curley Fries Fresh Salad Strawberry Cup Texas Toast | 27 <br> Chicken Sandwich or Western Burger Tater Tots Sandwich/Fresh Salad Diced Peaches |
| 30 <br> Chicken Sandwich or Corn Dog Potato Wedges Sandwich/Fresh Salad Pineapple Tidbits |  |  |  |  |

## SPECIAL NOTES

- All students are offered a complete meal to include the five (5) food groups. Protein, Dairy, Vegetable, Fruit and Grains. Students must choose three (3) of the (5) to be considered a full meal but are encouraged to take all (5). One (1) of the items chosen must be a fruit or vegetable.
- A choice of flavored milk is offered daily.
- Daily Lunch Cost Students - \$ 3.00 Reduced Students - \$ . 40
Free Students - \$ . 00
GISD Staff - $\$ 3.85$
Guests - \$ 4.00
- Menus are subject to change due to availability.

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    http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for

