

SR. HIGH September 2019 SNACK BAR - LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
² Holiday	Corn Dog Potato Wedges Baked Beans Fresh Salad Pineapple Tidbits	4 Chicken Nuggets Creamy Whipped Potatoes Cinn Glazed Carrots Broccoli w/Cheese Sour Cherry Side Kick Hot Rolls	5 Spicy Chicken Sandwich Tater Tots Garden Dippers Sandwich Salad Peach Parfait	6 Ham & Cheese Ciabatta Curley Fries Baby Carrots Citrus Cup
9 Chicken Wings Potato Salad Garden Salad Mandarin Oranges Bread Sticks	Personal Pan Pizza Corn Garden Salad Baby Carrots Diced Peaches	Chicken Sandwich Tater Tots Sandwich Salad Blue Raspberry Side Kick	Crispitos Corn Chili Beans Strawberry Parfait	Bacon Cheese Burger Potato Wedges Burger Salad Diced Pears
Stuffed Crust Dippers Baby Carrots Fresh Salad Mandarin Oranges	Baked Potato w/trimmings Garden Salad Diced Peaches Garlic Toast	Spicy Chicken Sandwich Potato Wedges Sandwich Salad Celery Sticks Kiwi Strawberry Side Kick	19 Buffalo Chicken Wrap Tater Tots Baby Carrots Citrus Cup	BBQ Sandwich Curley Fries Baked Beans Garden Vegetables Strawberry Cup
23 Chicken Sandwich Tater Tots Sandwich Salad Citrus Cup	24 Steak Sandwich Potato Wedges Sandwich Salad Fruit Fluff	25 Chicken Tenders Creamy Whipped Potatoes Sandwich Salad Fresh Salad Blue Raspberry Side Kick Hot Rolls	Pepperoni Pizza Garden Salas Dipping Sticks Strawberry Parfait	27 Buckeye Swamp Fries Chili Beans Spicy Toppers Applesauce Garlic Toast
Chicken Wings Potato Salad Garden Salad Mandarin Oranges Breadsticks				

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SPECIAL NOTES

- All students are offered a complete meal to include the five (5) food groups. Protein, Dairy, Vegetable, Fruit and **Grains. Students must choose** three (3) of the (5) to be considered a full meal but are encouraged to take all (5). One (1) of the items chosen must be a fruit or vegetable.
- In addition to the fruit listed an assortment of fresh fruits are offered daily.
- 2nd Entrée Option Available **Dailey: Large Garden Salad**
- A choice of flavored milk is offered daily.
- Daily Lunch Cost **Students - \$ 3.00** Reduced Students - \$.40 Free Students - \$.00 **GISD Staff - \$ 3.85** Guests - \$ 4.00
- Menus are subject to change due to availability.

