| SR. HIGH G OGPUGUUUDGI ZO I ZO G MAIN LINE - LUNC | | | | |
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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| ² Holiday | 3 Beef & Cheese Nacho's or Chili Cheese Burrito Cinn. Glazed Carrots Pinto Beans Salsa Pineapple Tidbits Cornbread | 4 Chicken Smackers or Boneless Chicken Wings Creamy Whipped Potatoes Broccoli w/Cheese Sour Cherry Side Kick Hot Rolls | 5 Chicken Spaghetti w/Breadsticks or Personal Pan Pizza Italian Blend Vegetables Garden Salad Peach Parfait | 6 Western Burger or Chicken Sandwich Curley Fries Garden Dippers Sandwich Salad Citrus Cup |
| 9 Chicken Tenders or Mandarin Chicken Bowl Corn Garden Salad Mandarin Oranges Breadsticks | 10 King Ranch Chicken or Chicken Fajita Wrap Pinto Beans Cinn Glazed Carrots Salsa Diced Peaches Cornbread | 11 Buffalo Chicken or Chicken Fried Steak Creamy Whipped Potatoes Green Beans Blue Raspberry Side Kick Hot Rolls | 12 Italian Spaghetti w/ Garlic Toast or Cheese Pizza Italian Blend Vegetables Fresca Salad Strawberry Parfait | 13 Bacon Cheese Burger or BBQ Sandwich Potato Wedges Burger Salad Spicy Toppers Diced Pears |
| 16 Pepperoni Pizza or Chicken Wings w/Breadsticks Corn Baby Carrots Fresh Salad Mandarin Oranges | 17 Street Taco's or Chili Cheese Burrito Pinto Beans Cinn Glazed Carrots Salsa Diced Peaches Cornbread | 18 Chicken Nuggets or Hamburger Steak w/Gravy Creamy Whipped Potatoes Green Beans Kiwi Strawberry Side Kick Hot Rolls | 19 BBQ Sandwich or Corn Dog Tater Tots Garden Salad Citrus Cup | 20 Steak Finger Basket or Chicken Tender Basket Curley Fries Garden Dippers Strawberry Cup Texas Toast |
| 23 Chicken Alfredo w/Breadsticks or Personal Pan Pizza Cinn Glazed Carrots Fresca Salad Citrus Cup | 24 Cheese Enchilada's or Chili Cheese Burrito Pintos w/Cheese Tossed Salad Fruit Fluff Cornbread | 25 Steak Fingers or Beef Tips w/Rice Creamy Whipped Potatoes Green Beans Diced Peaches Hot Rolls | 26 Chicken & Dumplings or Chicken Tenders Mixed Vegetables Fresh Salad Strawberry Parfait Garlic Toast | 27 Pig in a Blanket or Chicken Sandwich Tater Tot Casserole Chili Beans Garden/Sandwich Salad Applesauce |
| 30 Pepperoni Pizza or Mandarin Chicken Bowl w/Breadsticks Corn Fresh Vegetables Mandarin Oranges | | 1 | 1 | 1 |

September 2019

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SPECIAL NOTES

 All students are offered a complete meal to include the five (5) food groups. Protein, Dairy, Vegetable, Fruit and Grains. Students must choose three (3) of the (5) to be considered a full meal but are encouraged to take all (5). One (1) of the items chosen must be a fruit or vegetable.

A choice of flavored milk is offered daily.

- Daily Lunch Cost Students - \$ 3.00 Reduced Students - \$.40 Free Students - \$.00 GISD Staff - \$ 3.85 Guests - \$ 4.00
- Menus are subject to change due to availability.