| KINDERGARTEN - 4TH |  |  |  |  |
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| ELEMENTARY <br> September 2010 <br> LUNCH |  |  |  |  |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| $2$ <br> 凡oliday | 3 <br> Cheese Nacho's Cinn Glazed Carrots Pinto's w/Cheese Tossed Salad Blue Raspberry Applesauce | 4 <br> Chicken Fried Steak Creamy Whipped Potatoes Green Beans Fresh Salad Sour Cherry Sidekick Hot Roll | 5 <br> Peperoni Pizza Fresh Vegetables Corn on the Cob Garden Salad Diced Peaches | 6 <br> BBQ Sandwich Curley Fries Pickle Spears Chili Beans Cool Fruit Cup |
| 9 <br> Chicken \& Dumplings Mixed Vegetables Garden Vegetables Garden Salad Diced Peaches Garlic Toast | 10 <br> Chili Cheese Burrito Cinn Glazed Carrots Pinto Beans Tossed Salad Strawberry Applesauce | 11 <br> Chicken Nugget Creamy Whipped Potatoes Green Beans Fresh Salad Kiwi Strawberry Side Kick Hot Roll | 12 <br> Breakfast for Lunch <br>  <br> Strawberry Yogurt Hash Brown Rounds Cucumber Slices Strawberry Cups | 13 <br> Cheese Burger Potato Wedges Chili Beans Burger Salad Pineapple Tidbits |
| 16 <br> Pepperoni Pizza Corn Garden Salad Steamed Broccoli Apple Slices | 17 <br> Cheese Nacho's Steamed Carrots Pinto's w/Cheese Tossed Salad Diced Peaches | 18 <br> BBQ Chicken Creamy Whipped Potatoes Green Beans Fresh Salad Blue Raspberry Sidekick Hot Roll | 19 <br> Chicken Sandwich Tater Tots Pickle Spears Chili Beans Diced Pears | 20 <br> Chicken Nugget <br> Basket w/Texas Toast Curley Fries Mixed Vegetables Fresh Garden Bites Mandarin Orange Parfait |
| 23 <br> Mini Corn Dogs Curley Fries Chili Beans Garden Salad Mandarin Oranges | 24 <br> Taco's <br> Cinn Glazed Carrots Pinto Beans Tossed Salad <br> Watermelon Applesauce Cornbread | 25Chicken Smackers <br> Creamy Whipped Potatoes <br> Green Beans <br> Garden Salad <br> Citrus Cup <br> Hot Roll | 26 <br> Chicken Tenders Roasted Potatoes Peas \& Carrots Fresh Vegetables Diced Peaches Garlic Toast | 27 <br> Stuffed Crust Pizza Corn Garden Salad Baby Carrots Pineapple Parfait |
| 30 <br> Macaroni \& Cheese Smiley Potatoes Baby Carrots Fresh Salad Orange Slices |  |  |  |  |

## SPECIAL NOTES

- All students are offered a FREE complete meal at Gilmer Elementary. It includes the five (5) food groups. Protein, Dairy, Vegetable, Fruit and Grains. Students must choose three (3) of the (5) to be considered a full meal but are encouraged to take all (5). One (1) of the items chosen MUST be a fruit or vegetable.
- A choice of flavored milk is offered daily.
- Daily Adult Lunch Cost GISD Staff - \$ 3.85 Guests - \$ 4.00
- Menus are subject to change due to availability.

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