

# September 2019



ELEMENTARY

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <b>Holiday</b>	3 Kix Cereal Orange Juice Milk	4 Breakfast Pizza Banana Milk	5 Chicken Slider Applesauce Milk	6 Dutch Waffle Apple Juice Milk
9 Breakfast w/Grandparents Assorted Muffins Applesauce Orange Juice Milk	10 Sausage Biscuit Diced Pears Milk	11 Chocolate Chip Chortles Banana Milk	12 Pancake/Sausage Stick Mandarin Oranges Milk	13 French Toast Mini's Orange Juice Milk
16 Pancake/Sausage Stick Apple Juice Milk	17 Mandarin Orange Parfait W/Graham Crackers Orange Juice Milk	18 Breakfast Pizza Banana Milk	19 Sausage Biscuit Diced Peaches Milk	22 Sausage Roll Pineapple Tidbits Milk
23 Mini Pancakes Orange Juice Milk	24 Chicken Slider Mandarin Oranges Milk	25 Pancake/Sausage on a Stick Banana Milk	26 Scrambled Eggs & Toast Apple Juice Milk	27 Sausage Roll Applesauce Milk
30 Cheerio's Cereal Strawberry Cup Milk				

## SPECIAL NOTES

- **All students are provided with a FREE complete breakfast at Gilmer Elementary. All menus are compliant with the USDA guidelines.**
- 1. **All Bread items are whole grain rich and may have a meat item offered to go with them.**
- 2. **All fresh fruits served are purchased weekly and canned fruits are packed in light syrup or their own natural juices.**
- 3. **All juice served are 100% juice.**
- 4. **Milk is offered every day.**
- **Menus are subject to change due to availability.**

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