

September 2019

ELEMENTARY



BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Holiday	3 Lucky Charms Cereal or Strawberry Bagel Diced Peaches Orange Juice Milk	4 Breakfast Pizza or Cereal Bar Banana Apple Juice Milk	5 Chicken Slider or Powdered Donuts Applesauce Orange Juice Milk	6 Dutch Waffle or Strawberry Poptart Pineapple Tidbits Apple Juice Milk
9 Breakfast w/Grandparents Assorted Muffins Applesauce Orange Juice Milk	10 Sausage Biscuit or Cereal Bar Diced Pears Apple Juice Milk	11 Cocoa Puff Pastry or Chocolate Chip Chortles Banana Orange Juice Milk	12 Pancake/Sausage Stick or Cinni Mini's Mandarin Oranges Apple Juice Milk	13 Chocolate Donuts or French Toast Mini's Diced Peaches Orange Juice Milk
16 Cocoa Puffs Cereal or Pancake/Sausage Stick Orange Slices Apple Juice Milk	17 Mandarin Orange Parfait W/Graham Crackers or Chocolate Chortles Applesauce Orange Juice Milk	18 Breakfast Pizza or Cereal Bar Banana Apple Juice Milk	19 Sausage Biscuit or Strawberry Poptart Diced Peaches Orange Juice Milk	22 Powdered Donuts or Sausage Roll Pineapple Tidbits Apple Juice Milk
23 Mini Pancakes or Cereal Bar Apple Slices Orange Juice Milk	24 Chicken Slider or Chocolate Chip Chortles Mandarin Oranges Apple Juice Milk	25 Pancake/Sausage on a Stick or Cereal Bar Banana Orange Juice Milk	26 Scrambled Eggs & Toast or Strawberry Bagel Diced Peaches Apple Juice Milk	27 Chocolate Donuts or Sausage Roll Applesauce Orange Juice Milk
30 Cinn Toast Pastry or Cinn Toast Crunch Cereal Strawberry Cup Apple Juice Milk				

SPECIAL NOTES

- All students are provided with a **FREE complete breakfast at Gilmer Elementary. All menus are compliant with the USDA guidelines.**

1. All Bread items are whole grain rich and may have a meat item offered to go with them.

2. All fresh fruits served are purchased weekly and canned fruits are packed in light syrup or their own natural juices.

3. All juice served are 100% juice.

4. Milk is offered every day.

- Menus are subject to change due to availability.

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